The Danhoffs

FAMILY & BUSINESS PROTECTION SPECIALISTS

Essential End-of-Life Document Checklist

This checklist is for families, especially parents of college students or adult dependents. It provides a clear path to getting your important documents in order.

- [ ] **1. Living Will**
  A document that outlines your wishes regarding medical treatment if you become unable to communicate. Make sure to discuss your wishes with family.

- [ ] **2. Durable Power of Attorney (POA)**
  Designate someone who can make financial decisions on your behalf if you are incapacitated. Choose someone you trust completely.

- [ ] **3. Healthcare Proxy**
  Similar to a POA, this designates someone to make healthcare decisions for you. Discuss your healthcare preferences with them in advance.

- [ ] **4. Do Not Resuscitate (DNR) Order**
  If you have specific wishes regarding resuscitation efforts, ensure a DNR is signed and accessible.

- [ ] **5. Beneficiary Designations**
  Review and update beneficiary information on bank accounts, insurance policies, and retirement accounts regularly to reflect your current wishes.

- [ ] **6. Funeral Arrangements**
  Consider documenting any specific funeral preferences, such as burial or cremation, to ease the decision-making process for your loved ones.

- [ ] **7. Debt and Asset List**
  Create a comprehensive list of your debts and assets, including account numbers and contact information, to help your loved ones manage your estate.

- [ ] **8. Digital Assets Inventory**
  Document your online accounts and passwords, including social media, banking, and other important online services.

- [ ] **9. Personal Letter**
  Write a personal letter to your loved ones expressing your feelings and any final thoughts you wish to share with them.

- [ ] **10. Regular Review**
  Set a reminder to review and update these documents at least once a year or whenever your life circumstances change.

Feel free to reach out if you have any questions about the checklist or need assistance with any of the documents.

636-579-1343 · info@thedanhoffs.com · www.thedanhoffs.com